

## A Parish Cell Group Provides:

The aim of a cell group is to foster within a parish a greater community spirit and an awareness of God in a more personal way.

A cell group provides a place where friendships are formed and faith deepened. It enables people to see the relevance of their faith in all that they do, so that they can make a difference in the varying circumstances of each day.

“The parishes of tomorrow will be communities of international disciples, the key to this will be the formation of cells, or small gatherings of committed people who meet and pray and develop together their understanding of faith and who find the courage to engage in mission and outreach”

(Archbishop Eamon Martin)

“The cell offers people the opportunity to know their own faith story and learn a language to convey it in the market place.”

(Fr Michael Hurley)

“The cell leads me to feel more at home and at ease with my Catholic faith. I have a sense of hope and of mission. I see myself as part of a church that is going somewhere.”

(Noel Ryan, Dublin)

“The cell enables people to connect their deepest longings, hopes and fears with the gospel message”

(Fr Michael McGinnity, Belfast)

“The cell brings me into contact with people with whom I can share my faith.”

(Michael Byrne, Callan)

**Are you interested?**

**Like to know more?**

Then contact us:

St. Mary's Star of the Sea Portstewart,

Cell Groups:

Mary Bond, 07769885710

Ernestine McKeever, 02870831000



PARISH CELL SYSTEM

OF

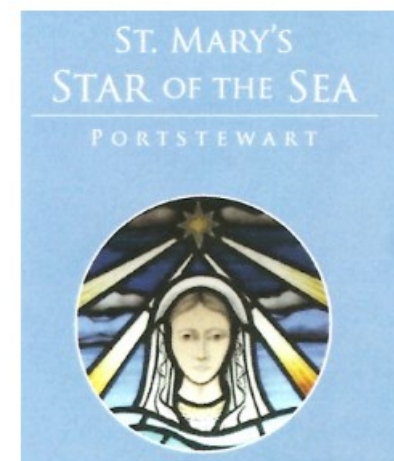
EVANGELISATION

Website:

<http://portstewartparish.website/cells>



## PARISH CELL SYSTEM OF EVANGELISATION



PORTSTEWART PARISH

CELL GROUPS

Parish Priest :

Fr Kevin McGuckien PP

Phone: 02870822534

Email: [portstewart@downandconnor.org](mailto:portstewart@downandconnor.org)

The Parish Cell System of Evangelisation was granted a Final Decree of Papal Approval on 12th April 2015. It expresses the Church's desire to continue to use the parish cell prayer groups as a way of renewing a sense of mission in parish communities.



On the 5th September 2015 Pope Francis spoke to 5,500 CELL participants about Parish evangelisation as the charism of Parish Cells:

“Meeting in homes to share the joys and expectations that are present in the heart of each person is a genuine experience of evangelisation which closely resembles what took place in the early times of the Church.”



“In all its activities the parish encourages and trains its member to be evangelisers. It is a community of communities, a sanctuary where the thirsty come to drink in the midst of their journey and a center of constant missionary outreach.”

Pope Francis  
Evangelikii Gaudium 28

- **What is a CELL?**

It is a group of people who meet in a family home or online to grow in faith together.

- **What happens at a CELL Meeting?**

The group prays, shares Scripture, listens to a guide for reflection, learns how to share faith, prays for the intentions of others and socialises.

- **Who guides the reflection?**

Pre-recorded talks done by a priest, deacon or bishop are used.

- **How long do meetings last?**

Normally about one and a half hours

- **May I visit a CELL meeting to see for myself?**

Certainly. Everyone is welcome to come and see.

- **If I have been away from the Church for a long time, may I join a CELL?**

You would be most welcome.

## The 7 Purposes of a CELL group:

- To grow in intimacy with the Lord;
- To grow in love of one another;
- To share Jesus with others;
- To serve within the community;
- To give and receive support;
- To raise up new leaders;
- To deepen our Catholic identity.



## The Advantage of a CELL group:

- It is personal;
- It doesn't need special skills or knowledge;
- It is for everyone;
- It is integrated into the parish;
- It fosters a better community spirit.